MIGRAINE PROCEDURE | Course of treatment

msc
MIGRAINE SURGERY CENTRE KUWAIT

	Week 1	Week 2 - 9	Week 10	Week 11	Week 12 - 13

Before the 1st consultation

People who are interested in the Migraine Procedure will be asked to fill in a Migraine Questionnaire, which includes questions on their migraine symptoms, possible triggers and a review of all treatment to date.

The Migraine Questionnaire can be downloaded from our website **at**

www.migraine-surgery-center.com

1st consultation

During the first consultation, the medical team at the Migraine Surgery Centre will review the completed Migraine Questionnaire and conduct an examination of the patient. This will help identify whether they are suitable for therapy. The patient is then invited to take the botulinum toxin test, which will give a clear indication of their suitability for the Migraine Procedure.

Migraine diary

The effects of the botulinum toxin will become apparent after a few days. In order to monitor whether the test has been successful, the patient will be asked to fill in a migraine diary over a period of eight weeks, recording any changes in the intensity of their pain or the frequency of their migraine attacks.

2nd consultation

If the botulinum toxin test has a positive impact, the Migraine Surgery Centre team will discuss the possibility of the Migraine Procedure with the patient.

If no changes are observed as a result of the botulinum toxin test, the doctors will be able to provide advice on other treatment options that are available.

PROCEDURE

The operation lasts about an hour and is performed under a full anaesthetic. It is possible to leave the hospital on the same day as the procedure.

As a result of the surgery, there may be some bruising, although this has usually gone within two weeks.

Convalescence

Following the procedure, we recommend a two week period of rest and time away from work.

We also advise against strenuous exercise or competitive sports for at least six weeks after the procedure.

1 The surgeon makes a small incision in the fold of the eyelid in order to reach the corrugator muscle.

2 Removal of the muscle exposes and brings relief to the trigeminal nerve.